

Smoke Signal



MOYAONE ASSOCIATION NEWSLETTER

THE MOYAONE RESERVE • LISTED IN THE NATIONAL REGISTER OF HISTORIC PLACES

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NO. 7–8

PRESIDENT'S MESSAGE

Here are some highlights of my June/July in the Moyaone Reserve:

- swimming laps at the Moyaone Pool
- attending the July 4 potluck and meeting new neighbors
- crashing random pizza nights at the pavilion
- enjoying the people, food, and ambiance at Fiesta Moyaone!
- spending an afternoon taking photos of the roads, signs, fields and structures of the Moyaone Reserve
- working with the wonderful volunteers who make this community what it is
- anticipating the Pizza Oven demonstration on July 20 (although I will have to attend vicariously)
- puttering around "dans mon jardin" in the cool hours of the day

Every day my email inbox is full of activity. The sheer number of emails represents all the work — mostly by volunteers! — that is being done to make the Moyaone Reserve the best it can be. Looking through a camera lens at the Moyaone Commons, I found myself in awe of all the work so many of you lavish on our infrastructure to make it work. The vast number of hours put into labor, creative thinking, managing projects and administration, etc., is

NEXT BOARD OF DIRECTORS MEETING

Wagner Community Center, 2311 Bryan Point Road
Wednesday, August 7
7 pm sharp— Business starts
Meeting should end by 8 pm.
All are welcome to attend.

impressive. Seeing the amazing talents my neighbors have is impressive, too. THANK YOU, VOLUNTEERS!

Some changes have been made over on our community website, moyaone.org. Here's a challenge. See if you can find:

- the updated bylaws
- the community calendar
- where a greater Accokeek neighbor can find info on joining the pool
- some history about the neighborhood
- how to pay your association dues (it's not too late!)

We're working on adding some features, so visit the website regularly to see what's new.

As always, if you have ideas on how to make the Moyaone Reserve better, a cordial phone call (landline 301-283-0167; daytime only, please) or email (see below) is welcome. Or show up at 6:30 pm at the August 7 board meeting to share your thoughts. Business starts at 7 pm.

Cheers!

*Paola Addamiano-Carts
Moyaone Association President*

Moyaone Association Board of Directors

President — Paola Addamiano-Carts
MoyaonePresident@gmail.com

Vice President — Mike Nelson
MoyaoneVicePresident@gmail.com

Secretary — Karen Heys
MoyaoneSecretary@gmail.com

Comptroller — Linda Witkin
MoyaoneComptroller@gmail.com

Director-at-Large — Holly Wagner
MoyaoneDirectorAtLarge@gmail.com

The Fundraising Committee – An Important Asset to the Community

People often ask why there is a Fundraising Committee and what does it fund? The Fundraising Committee is an ad hoc committee under the direction of the Moyaone Association Board of Directors. Committee members are volunteers who organize events to raise funds for projects or needs within the community. The group plans the event, makes it happen, and also, like all of you, pays to attend the event!

In the past several years there have been events that happen every year like the Chili Cookoff, the Pool Cocktail Party, the Moyaone Challenge, and every other year, the Homes Tour. The committee also works with the Building and Grounds Committee in planning and executing the yearly Oktoberfest. In addition, there have been other events, and we are exploring the desire for low-cost events to get more Moyaoners invested in the community.

Examples of projects that the Fundraising Committee has funded include:

- Partial funding to replace the windows in the Wagner Center, and repaint the area.
- Fundraising provided materials and supplies, and volunteers supplied labor for building the kitchen and closet for the folding chairs and tables in the Wagner Center.
- Fundraising supplied funds for materials to insulate, dry-wall, and paint the walls in the Wagner Center.
- We held two coffees, which were free events to bring the community together.
- Fundraising paid over \$4000 to add water and electricity to the Pavilion and Cook Shack.
- Purchase of blue pool chairs: The Fundraising Committee supplied over \$1500.
- Over \$7000 was paid for various items for the basketball/pickleball court.
- Fundraising paid for the Historic Preservation plaques.
- Fundraising paid for grill expenses.

Working closely with the Building and Grounds Committee, during the past 10 years the Fundraising Committee has funded well over \$20,000 of projects. And that is not counting what the Building and Grounds Committee's Oktoberfest has helped fund!

For the past couple of years, we have been pooling our funds from fundraising for the use of renovating the swimming pool locker rooms. With the State grant approved for \$125,000, we are waiting to see what needs funding that is separate from the grant money and are looking forward to helping with a needed project.

If you have any ideas for the Fundraising Committee or would like to be part of it, contact Betty Mitchell bettymitchell@protonmail.com or Nancy Weiman nancyweiman@gmail.com.

Pulse of the Pool

– Hsin-i Russell, Chair, Pool Committee

The pool season is half over, and there are about 40 days until Labor Day! The Accokeek Swim Team is practicing for All-Stars on July 27. Their season wraps after that. Thanks to all the youth who swam this summer, the parents who helped out, the coaches for their instruction and guidance, and the community for their support of our homegrown team.

If your child is interested in joining the swim team and unsure about their swim ability, the Moyaone Community Pool offers group swim lessons. Classes start on August 5 and August 19 and last Monday through Thursday, 4–4:45 pm. The cost is \$75 for a total of eight classes. Sign-up forms are located at the pool entry.

Thanks to John Hollyfield for fixing the refrigerator in the guards room, and setting up and organizing the grounds maintenance equipment room. We also want to say a warm welcome to Anjae Scott for joining our lifeguard staff! Please say hello and thanks to our competent lifeguard staff and your Pool Committee neighbors who work on your behalf.

Visit moyaone.org/pool/ for hours and information. Watch social media for announcements about a Labor Day social and pool-closing work parties in September.



Lifeguards – Your Safety Net at the Pool

– Nancy Weiman

Lifeguarding is more than just a fun summer job. There are very serious aspects to it – their quick action can save lives. That was the case on June 12, where their knowledge in providing rescue breaths saved a young child.

Our lifeguards have the Red Cross Certification – Lifeguarding with CPR/AED for Professional Rescuers and First Aid. Besides taking the 27½ hour class, we at the Moyaone Pool conduct inservice trainings every two weeks to freshen their skills (as in the photo above).

A long blast of the whistle at 15 minutes to the hour means kids out of the water and adults have the pool. So, what do you do if you hear 3 short blasts of the whistle? That means that there is an possible emergency and alerts the entire staff. When you hear the blasts, you should get out of the pool and move away from the scene. Give the lifeguards room to work through the protocols for the particular situation. If they ask for help in moving people away and out of the area, or waiting for an ambulance, respond to them, but let them do their work.

Moyaone Pool – Safety First!



"Uprooted." Watercolor art by Moyaone artist Frances Taylor.

Please join your friends and neighbors for the next VEG potluck:

Sunday, September 8, 6–8 pm

At the home of Amanda Truett and Frank Pipitone
3100 East Ridge Road

Newcomers Welcome!

Dear Herby,

We recently moved to the Moyaone Reserve, and were pleasantly surprised to learn about the VEG group. We might want to get involved but it would help to know a little more about the VEGgies before jumping in.

New and Curious

Dear N & C,

Welcome to the community! I'm glad you asked this question because I've been curious myself. Fortunately, the group's founders still live in the Moyaone Reserve and were happy to fill in the blanks.

The idea for the group germinated when long-time vegan resident Amanda Truett suggested to Janet Parker (ditto) that there should be a vegan dinner club that would meet monthly. The first meeting, in July 2018, was held at the Parker residence (see photo at right). The group settled on the name Voracious Vegan Vittles (V3) at that meeting, and it stuck!

The Big Idea behind V3 was simple: share great-tasting plant-based food and have some fun times with neighbors. Being a vegan was never a requirement; just an interest in experiencing and contributing to an entirely plant-based meal.

The group continued to meet at different homes until COVID hit, and was forced to cease operations. It didn't go entirely underground, however; the group continued to contribute vegan options to Moyaone Reserve events as soon as events started up again. That plant-based eating has become part of the consciousness and culture of the community is one of the Moyaone Reserve's distinguishing features, I'd say.

The second wave of potlucks began in March 2023, when people were getting comfortable opening their homes to groups of neighbors again. A new name, VEG (Vegan Eating Group), soon emerged to mark the group's resurgence. Instead of monthly meetings, the group opted for an every-other-month schedule, which continues to this day. In case you missed the July 14 plant-based ice cream event, the next potluck is scheduled for Sunday, September 8.

At right: "VEG" Ice Cream Social, July 2024. Participants feasted on a dozen store-bought and home-made vegan ice cream and sorbet flavors (see recipe this page) — and myriad toppings and beverages.



Vegan No-Churn Peach Ice Cream

This recipe and all four variations on it, literally whipped up by Gwen Peters for the Ice Cream Social, call for aquafaba — the liquid that is generated by cooking chickpeas and other legumes. Seriously! The secret to success is to beat the aquafaba, and then beat it some more, preferably with a stand mixer, until serious peaks form. Gwen's delicious variations on this Weight Watchers recipe included mint chocolate chip, amaretto, cherry, and blueberry mango pecan, all of which are also sugar-free. Check out all four and their backstory [here](#), and then start riffing on your own!

Recipe ingredients (one 1-cup serving)

- 3/4 cup aquafaba from one 15-oz can of chickpeas*
- 10 oz peaches, fresh or frozen, peeled & sliced — about 1½ cups
- ½ cup confectioners sugar
- 1 tsp vanilla extract

Instructions

- 1) Puree peaches, powdered sugar, & vanilla on high speed of a blender until smooth, about one minute.
- 2) In a large bowl, or preferably a stand mixer, beat aquafaba with whisk attachment at high-speed until VERY stiff peaks form. Unlike egg whites, no need to worry about over-beating.
- 3) Fold peach mixture into aquafaba mixture. Spoon into a freezer-friendly bowl or loaf pan.
- 4) Cover and freeze until firm, at least 6 hours.

*Note: cooking chickpeas from their dried form also yields aquafaba.



Above photo: First "V3" Potluck, July 2018.
Below: "VEG" Ice Cream Social, July 2024.





Alice Ferguson Foundation's "Pinot on the Potomac" Coming Up in September

Pinot on the Potomac is September 21

Celebrate 70 years of environmental education and unwind for a good cause with us on Saturday, September 21, 4–7 pm. This year's event is in partnership with Maryland Wineries Association. A ticket for unlimited tastings of fine wines from local vineyards, delicious catered cuisine, live music, and a breathtaking view are just a click away. Buy your tickets today! >>> [BUY TICKETS](#) <<<

Volunteers Needed for Silent Auction

The Alice Ferguson Foundation is seeking volunteers to help with outreach to businesses for silent auction items for the 10th Annual Pinot on the Potomac fundraising event. The success of our silent auction relies on the generosity of donated items. The more successful we are, the better we can preserve our beautiful wildlife habitat here in Accokeek! If you're interested in lending a hand or have any leads on potential donations, please email Stephanie Le at stephanie.le@fergusonfoundation.org. Let's work together to make this year's silent auction a resounding success!

Fall Potomac Cleanup & Open House is October 5

Mark your calendars for our Fall Potomac River Cleanup & Open House on Saturday, October 5, 9–11 am in Piscataway National Park. You are also invited to visit our Open House at nearby Hard Bargain Farm from 11 am to 12 pm, where we'll have refreshments, snacks, and family-friendly educational activities! This is your opportunity to meet hundreds of your like-minded neighbors who want a beautiful, clean Accokeek environment — we'd love to see you there! >>> [REGISTER HERE](#) <<<

Now Hiring Environmental Educators

Do you love being in nature? Share your love of the outdoors with the youth of today! We're hiring part-time environmental educators for the upcoming school year. [Learn more and apply here.](#)

Alice Ferguson Foundation, 2001 Bryan Point Road
fergusonfoundation.org

An Important Announcement from AFF

We have found multiple traps that are intended to kill local wildlife in our wet meadow boardwalk and surroundings. We want to make sure that others are aware that there could potentially be poachers in the area so they are aware of their own animals and surroundings.

— Elizabeth Johnson
Director of Operations, Alice Ferguson Foundation

Wizard of Oz Performances in La Plata



Sophia Vincent, daughter of Pamela and Adam Vincent, granddaughter of Cliff George, will appear in *The Wizard of Oz* until August 4 with The Port Tobacco Players (PTP) in La Plata (508 Charles Street). Sophia portrays the Munchkin Coroner, a Flying Monkey, and a Poppy in this timeless classic based on the iconic 1939 movie about a young girl and her dog transported by a tornado to a magical land.

Tickets for the play can be purchased online at: <https://www.ptplayers.com/wizard-of-oz.html>. Due to high ticket sales, Thursday night shows have been added.



Kittens Available

Two kittens are ready for adoption, one boy and one girl born in April. These cats will need to be indoor pets, so we are looking for people who want indoor kittens. They have had all their vaccines and have been spayed and neutered. heather.k.harl@gmail.com.



Photo: Moyaone Reserve resident Haley Gruwell, on flute, and Aaron Sellow, clarinet, will both be performing at the

CCYO Chamber Music Festival Concert Takes Place on July 27

Charles County Youth Orchestra’s (CCYO) Chamber Music Festival 2024 will present a free concert in the beautiful garden of Christ Church, 112 Charles Street, La Plata, on Saturday, July 27 at 8 pm. In case of inclement weather, the concert will be held inside the church.

The concert will include performances by student ensembles who are participants at this year’s CCYO Chamber Music Festival as well as the directors of CCYO. Works by great composers Vivaldi, Handel, Mozart, and Haydn are among the beautiful pieces to be performed by CCYO’s talented string, wind, and brass players. These family-friendly concerts are free and open to public.

According to Dr. Osman Kivrak, Director of CCYO, “Participating in CCYO and chamber music helps students develop good working habits: teamwork, social and emotional skills, discipline and perseverance while having fun performing great works of composers from all around the world.”

“The arts are essential to the health and well-being of the next generation, and we are proud to support CCYO,” said Rev. Dr. Kate Heichler, Christ Church’s pastor.

Auditions for next season will be held September 14 from 9 am to 3 pm at Christ Church, La Plata. All levels and instruments, except piano, are warmly encouraged to audition!

For more information, please contact Dr. Osman Kivrak, CCYO Director (301 375-7109; charlescountyyouthorchestra@gmail.com) or see the website: charlescountyyouthorchestra.org.



Lynn Hollyfield’s Look Up Album Release at Earp’s Ordinary in Fairfax

Wednesday, August 7, 7:30 pm. Dave Abe, Steve Wolf, and Ron Goad will be joining Lynn along with some very special guests. Earp’s Ordinary is at 10420 Main Street, Fairfax, VA. Tickets:

<https://aftontickets.com/event/buyticket/1g9g717y98>

Lynn Hollyfield's newest album release, *Look Up*, is receiving national radio airplay and is listed in the Top Albums and Lynn as Top Artist for June 2024 on the Folk Alliance International FOLK DJ Listserv.

For more information, see the website: lynnhollyfield.com



AAA Floral Design Workshop, August 24

The planned Accokeek Artists Alliance (AAA) floral design workshop on Saturday, August 24, with the amazing floral designer Patrick Heydt has only a few slots left. If you want to take advantage of this great opportunity, sign up at AccokeekArtistsAlliance.com by August 3.

Later-planned events for the AAA include participation in the special harvest edition of the La Plata Farmers market on September 21, a Nature Journaling Workshop in Piscataway Park in October, and a fabulous “Winter Market” on November 22 and 23. Join or keep track of happenings via the AAA website.

Trees Need Water During Hot Summers

Mikaila Milton (Mikaila_Milton@nps.gov), Biologist with the National Park Service, would like to remind Moyaone Reserve residents to water trees near their homes during periods of micro-droughts.

In an article by Christina Hester of Casey Trees, Washington DC, she points out that our trees need a little extra help to thrive during these scorching summer months. Casey Trees releases a [Weekly Watering Alert](#) every Monday evening, April 1 through October 31. Watering alerts are determined using local weather forecasts and NOAA/National Weather Service's observed precipitation amounts for the DC metro area. See the article here:

[A Hot Summer Makes Thirsty Trees - Casey Trees](#)

Closer to home, Holly Wagner (MoyaoneDirectorAtLarge@gmail.com) says that volunteers are welcome to water areas around the Moyaone Reserve community pool. "We have all the easy watering equipment from years past." Please contact her for more information about how to help.

SAVE THE DATE: Native Plant Exchange

Saturday, September 28, Wagner Community Center, 2311 Bryan Point Road. Interested in bringing more of the wonders of the natural world to your property? Landscaping with native plants reaps countless rewards, for you and the wildlife who call your property home, even temporarily. This plant exchange, sponsored by two local groups, is for chapter members AND Moyaone residents and their friends at no charge. Details to follow in the September *Smoke Signals*.

For more information on the sponsoring groups:

Southern Maryland Native Plant People

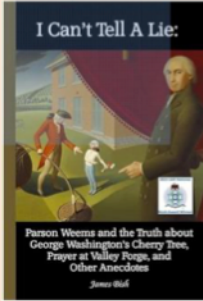
<https://www.facebook.com/groups/220258079971689/>;

Wild Ones Chesapeake Bay

<https://chesapeakebay.wildones.org>

September Events at Chapman State Park in Indian Head

FRIENDS OF CHAPMAN STATE PARK
CORDIALLY INVITES YOU TO A
LECTURE & BOOK SIGNING EVENT
COLONIAL INDUSTRIALIST NATHANIEL CHAPMAN AND HIS IMPORTANT
CONNECTIONS TO GEORGE WASHINGTON



JAMES BISH

Mr. Bish, a noted author, lecturer and historian, will provide an in depth discussion on the special relationship of George Washington to the Chapman family.

SUNDAY, SEPTEMBER 15, 2:00 TO 3:30 PM

MOUNT AVENTINE AT CHAPMAN STATE PARK
3452 FERRY PLACE, INDIAN HEAD, MD 20640
RSVP: 202-460-0259 (SPACE LIMITED)

SUPPORT OF THIS EVENT WAS PROVIDED BY THE FRIENDS OF CHAPMAN STATE PARK

FRIENDS OF CHAPMAN STATE PARK
CORDIALLY INVITES YOU TO AN EVENT
KEYS TO HISTORY
*ENSLAVEMENT, THE ECONOMY AND INHERITANCE OF A
SOUTHERN MARYLAND PROPERTY*
SUNDAY, SEPTEMBER 8, 2024
1:00 TO 3:00 PM

MOUNT AVENTINE AT CHAPMAN STATE PARK
3452 FERRY PLACE, INDIAN HEAD, MD 20640
RSVP: 202-460-0259 (SPACE LIMITED)

PROGRAM

- LIBATION CEREMONY: REV. KATHY ENGLISH HOLD
- EVENT ENTERTAINMENT: ABASI MORE THAN A DRUM ENSEMBLE
- RELEASE OF NEW BOOKLET: "Mount Aventine Keys to History: Window on the Economy, Enslavement and Inheritance of a Maryland Southern Property"
- SIERRA CLUB EDUCATIONAL SCHOLARSHIP AWARD PRESENTATION

SUPPORT OF THIS PROJECT WAS PROVIDED BY THE FRIENDS OF CHAPMAN STATE PARK
AND BY THE COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND