

Smoke Signal



MOYAONE ASSOCIATION NEWSLETTER

THE MOYAONE RESERVE • LISTED IN THE NATIONAL REGISTER OF HISTORIC PLACES

VOLUME LXIV

SEPTEMBER 2024

NO. 9

A Message from the Moyaone Association Board of Directors

Dear Moyaone Reserve Community,

We're excited to share the progress your new Board of Directors has made since our election in May 2024. Our commitment to this community runs deep alongside yours, and we're working diligently to foster growth and connections among all our neighbors.

GOALS

After careful consideration and community feedback, we've established two primary goals:

1. **Building Community**
2. **Becoming Better Organized**

Why are these goals important? We've heard your concerns about feeling disconnected and isolated. We understand that this can lead to decreased engagement and, sometimes, challenges in collecting the vital consolidated fees that help keep our community thriving. As a largely new Board, we've also recognized the need for better organization and access to key information to serve you even more effectively.

To help ensure our success, we're using the SMART goal framework (Specific, Measurable, Achievable, Relevant, and Time-bound) for our goals:

- **Goal #1: Community Building.** *By May 1, 2025, we aim to have at least 50% of residents participate in at least one community activity.*
- **Goal #2: Better Organization.** *By the end of 2024, we plan to pass a sustainable, equitable budget; increase revenue by collecting from currently non-participating Moyaone Reserve landowners; consolidate documents for easy access; and establish a long-term plan for our community's future.*

We invite all community members to participate in achieving these goals!

ACCOMPLISHMENTS

Our community is on the way to achieving these goals, and

here are just some of our accomplishments *so far* that we're proud to share:

Improved Communication and Organization

- **Created Moyaone.org email accounts for officers.**

Now reach us also at: President@Moyaone.org;
VicePresident@Moyaone.org; Comptroller@Moyaone.org;
Secretary@Moyaone.org; DirectorAtLarge@Moyaone.org.

- Developing **mailing lists** for efficient committee communications

- Established a **shared drive** for Board documents

- **Automated Moyaone.org** website renewal process (after it shut down recently due to renewal issues)

Enhanced Community Engagement

- **Expanded Building & Grounds Committee (B&G) to 5 members**, including Chair John Hollyfield, Jake Ellena, Hans Haucke, Jonathan Faull, and David Cremer; others are also welcome!

- **Increased Roads Committee to include 7 Road Captains** in addition to Chair Stan Fetter: Michael Lynott, Tom Garcia, Kent L. Hibben, Soren Dayton, Michael Leventhal, Cory Sanna, and Karen Miles; others are also welcome.

— *Continued on page 2*

Moyaone Association Board of Directors

President — Paola Addamiano-Carts
President@Moyaone.org

Vice President — Mike Nelson
VicePresident@Moyaone.org

Secretary — Karen Heys
Secretary@Moyaone.org

Comptroller — Linda Witkin
Comptroller@Moyaone.org

Director-at-Large — Holly Wagner
DirectorAtLarge@Moyaone.org

A Message from the MA Board of Directors

— Continued from page 1

- **Added 2 members to the Welcome & Membership Committee** joining Co-Chairs Crystal Garcia and Kent L. Hibben: Asmaa Abdul-Haq and Laura Ellena
- **Upped the Public Affairs Committee by 4 new members** joining Chair Kent L. Hibben: Kelly Canavan, Kathryn Cook-Deegan, Crisson Kirkup, and Julia Paajanen
- Held a productive **long-term planning workshop** on August 17
 - Invited all committees to a **planning workshop** held August 17 where we performed SWOT analyses (strengths, weaknesses, opportunities, threats), prioritized ideas generated, and grouped identified ideas into short-, medium-, and long-term tasks, along with **resources needed to achieve success across time frames**
 - Attended by Roads, B&G, Pool, and Special Projects committees. Those present performed limited analysis in areas to assist Public Affairs, Fundraising, and Welcome & Membership committees.
- Created a public **calendar of events** on our website: <https://www.moyaone.org/calendar/>
- Implemented **online reservation and payment** for community spaces: <https://www.moyaone.org/moyaone-commons/>

Financial and Administrative Improvements:

- Identifying and addressing **delinquent membership fees**
 - The Board has identified all improved lots and unimproved lots that are currently delinquent on payments. It turns out that the Association has not recently sent out **invoices** to let people know there is a payment due and we are rectifying that currently.
 - The **outstanding fees represent over \$50,000** that the community could desperately use.
- Creating an **administrative calendar** for key events and tasks
- Developing a policy for "members in good standing"
- Updating our insurance coverage
- Introducing online **credit card payment options for membership fees**:
<https://www.moyaone.org/association/membership>

LOOKING AHEAD

We're not stopping there! Here are some initiatives we're

Moyaone Challenge • Saturday, September 7

Mini triathlon/Team Relay, Swim Challenge, Bike Challenge, and Super Sprint Challenge beginning at 8:30 am. **See entry information on pages 7–8. Entries are due Tuesday, September 3.** After the awards, at approximately 10:30, there will be a free pickleball demonstration. Come check it out!



working on:

- Creating a **long-term planning ad hoc committee** to organize a plan and associated financial impacts (contact VicePresident@Moyaone.org if you are interested in helping!)
- Timely publishing of **meeting minutes and agendas** on our website
- Creating a secure area members area on the website for member-to-member communication
- Continuing to improve our organizational structure and processes

Your new Board of Directors is committed to fostering a vibrant, well-organized community where everyone feels connected and valued. We're excited about the progress we've made and the path ahead. Together, we can make Moyaone an even more wonderful place to call home.

We welcome your feedback and participation. Let's build a stronger community, together!

*Warm regards,
Your Moyaone Association Board of Directors*

NEXT BOARD OF DIRECTORS MEETING

Wagner Community Center, 2311 Bryan Point Road
Wednesday, September 4
7 pm sharp— Business starts.
All are welcome to attend.



Art Opportunities Abound with AAA

The Accokeek Artists Alliance (AAA) had a fabulous floral design workshop with Patrick Heydt on August 24. All the participants took home a gorgeous flower arrangement that they made (see photo above). Earlier in August, a couple of AAA artists had fun doing face painting for local kids at the Greater Accokeek



Civic Association's National Night Out celebration.

In September, people will not want to miss AAA member Daniel Wise's solo show at Mattawoman Creek Art Center (MCAC). MCAC is located at 5565 Upham Place, Marbury, MD, within Smallwood State Park. The show runs on Fridays and weekends from September 27 through October 26, with a reception on September 29, 1–4 pm. See more information on page 6.

AAA's Innes Borstel will be teaching a wheel-thrown ceramics class at Harmony Hall Art Center (10701 Livingston Road, Fort Washington) on Tuesday mornings, starting on September 10. This is a great opportunity for anyone interested in getting started in ceramics. Contact the art center at 301 203-6070 for information on how to sign up or sign up online at pgparksdirect.com for course number 30422.

On October 19, get closer to nature and capture scenes that are easily overlooked at the AAA Nature Journaling workshop at the scenic Piscataway Park boardwalk in Accokeek. This is a good introduction to a potential lifelong hobby. Sign up on the events page of the AAA website by October 5 to participate. And coming up very soon, AAA will have a booth at the La Plata Farmers Market Harvest Festival on September 21. The market is from 9 am until 2 pm at 209 Washington Ave., La Plata. Please stop by to buy art or just to say "Hi!"

Information on Accokeek Artists activities, as well as an AAA membership application, is available on the website at accokeekartistsalliance.com

Pulse of the Pool

Labor Day is here, and this holiday weekend marks the end of our pool season. Here are our remaining events:

- The Labor Day Potluck will be on Sunday, September 1. Please bring a side dish or dessert to share. The grill will be ready for your use around 4:30 pm. Paper products and silverware will be provided, as will water and lemonade. Musicians are encouraged to bring their instruments for a sunset jam session!
- Saturday, September 7 is the Moyaone Challenge. See entry information on pages 7–8. **Deadline for entry submission is Tuesday, September 3.**
- The pool cover work party will be scheduled after Monday, September 9, to put the main pool cover on. This task requires at least two dozen sturdy hands. Additional work parties are slated for the weekend of September 14–15 to hose down the bathrooms, furniture, and deck; stack and put away deck furniture; and put both pools and the pump room to bed for the winter. Emails seeking volunteers and more details to follow.

Congratulations to the Accokeek Swim Team on another successful season! Thanks to all the youth who swam this summer, the parents who helped out, the coaches for their instruction and guidance, and the community for their support of our homegrown team.

The Pool Committee wants to thank our 2024 lifeguards for their vigilance, calm and able assistance this summer. This year's staff is comprised of many former swim team members, and we're so proud of them all:

- Pool Manager Kyla Amelechkin
- Assistant Manager Will Spruill
- Lifeguards Josiah Arnold, Jude Bennett, Asha Brown, Aziza Brown, Maya Civil, Charlene Drennen, Esther Garcia, Wolfe Geist, Farah Leblanc, Shealyn Oakes

Our community pool is the sparkling centerpiece of the Moyaone Commons; your dedicated neighbors are working hard behind the scenes to maintain it. A few examples:

- Buildings and Grounds Chair John Hollyfield and Marc Cruz worked on getting the main pool pump diagnosed and repaired at the beginning of August;
- Linda Gorsuch, Becky and Ron Pollack and some anonymous donors for their financial contributions;
- The 2024 Pool Committee, particularly Operations Chair Nancy Weiman and Maintenance Chair Rhonda Hanson, for spending hundreds of hours volunteering their time and energy to ensure that our community pool was ready by opening day and every day afterward; and
- Y-O-U for supporting this healthy and unplugged summer activity by paying your Consolidated Fee.

Finally, if you think this community asset provides value to the surrounding properties, please get involved. Self-sufficiency is the foundation of this unique community established in the 1950s. The Pool Committee meets the third Tuesday monthly at 5:30 pm between the months of February and October. Reach out to any Pool Committee member, or email russelhc@yahoo.com for details.



VEG

"Uprooted." Watercolor art by Moyaone artist Frances Taylor.

Dear Herby,

I was intrigued to hear that more than a handful of Olympic athletes followed a plant-based diet this year. Where can I find out more about the premise behind this? Don't athletes require a lot of protein?

Sincerely,
Dedicated Fitness Enthusiast

Greetings, Fellow Fitness Enthusiast,

There is plenty of information available on the internet about this topic, but personally I would recommend that you dedicate an hour and a half to the 2018 movie, *The Game Changers* (Netflix and Amazon Prime Video). Check out the [trailer](#). Olympians are among a host of highly-successful athletes who tell their stories, backed by evidence-based science that dispels the animal-based protein myth — among others.

And/or: check out this story in [Bon Appétit](#) about plant-powered athletes in the Paris Olympic Games. Among the athletes mentioned: Phoenix Mercury star Diana Taurasi who took home her record 6th Gold Medal! Wow!

Readers: We're happy to field any questions, comments, or concerns at MoyaoneVeg@gmail.com.



Join your hosts
Amanda Truett and Frank Pipitone
for the next VEG neighborhood
vegan potluck.

Sunday, September 8, 6–8 pm

3100 East Ridge Road

Limited open bar.
Bring a vegan dish to share
(no meat, dairy, or eggs).

RSVP to atruett@gmail.com

Newcomers welcome!



Want to eat like an Olympian?

Many athletes, including Carl Lewis, Venus Williams, and Martina Navratilova, have sworn by the positive impacts their plant-based diet has had on their performance. The high intake of fruits, vegetables, legumes, and whole grains reduces inflammation and speeds up recovery, while the lower levels of saturated fats and cholesterol contribute to better cardiovascular health, helping athletes sustain their energy levels and perform at their best. Better for their health, the planet, and for animals, too. Win-win-win!

Start your Olympic culinary journey with this delicious [Roasted Red Pepper, Chickpea, and Spinach Curry](#) from [One Green Planet's 10 Plant-Based Olympians and their Favorite Foods!](#)



Native Plant-Sharing Event Comes to the Moyaone Reserve on September 28

Living in the Moyaone Reserve, we are blessed with a plethora of native flora and fungi inhabiting our properties and public spaces, and lining our roads. That said, there is still much we can do to increase their density and diversity, which translates to a more beautiful, resilient and sustainable environment, decreasing demands on our aquifer and returning countless benefits to area wildlife.

The September 28 (10 am–noon) swap presents a terrific opportunity for Moyaone residents to meet fellow “southern Maryland native plant people” for a native plant and seed exchange — and to learn more about this type of landscaping.

The focus of the swap is plants that are native to the region. It is not required that they naturally occur or were grown in the Moyaone — but plant ID apps can tell you if they could naturally occur here. No introduced plants, and preferably, no “nativars” — named cultivars of a native plant (e.g., Aster “Purple Dome”) — either.

If you're new on your native plant journey, stop by to learn and take some plants home to get started — you don't need to bring anything to participate.

If you will be bringing plants to exchange, it is none too early to begin preparations. Here are some important [instructions and guidelines to read NOW](#), so you can be ready when the day arrives.

First come, first served — so do come early!

For more information on sponsoring groups and answers to your questions, contact: wildoneschesapeakebay@gmail.com, [Southern Maryland Native Plant People](#), [Wild Ones Chesapeake Bay](#)

THE CHARLES COUNTY YOUTH ORCHESTRA WITH ENCORE BAND, ENCORE STRINGS, PRELUDE STRINGS



GOT TALENT? AUDITION!

OPEN TO ALL

ACCEPTING ELEMENTARY LEVEL TO ADVANCED MUSICIANS ON ALL INSTRUMENTS

WHERE

CHRIST CHURCH
112 CHARLES STREET
LA PLATA, MD 20646

WHEN

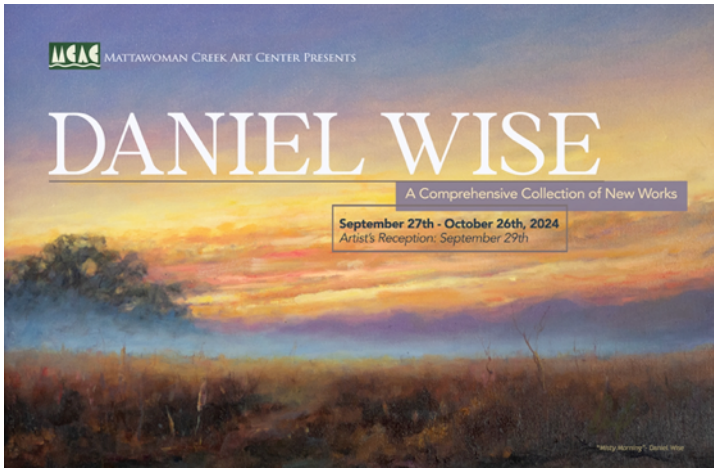
SATURDAY, SEPTEMBER 14
FROM 9 AM-3 PM

www.charlescountyyouthorchestra.org/auditions



Auditions for the 2024–25 season of the Charles County Youth Orchestra will be held Saturday, September 14, from 9 am to 3 pm at Christ Church, 112 Charles Street, La Plata. All levels and instruments, except piano, are warmly encouraged to audition! Information and sign-ups can be found at the Charles County Youth Orchestra website: <https://www.charlescountyyouthorchestra.org/auditions>

CCYO has four ensembles: Prelude Strings for beginning string players, Encore Strings and Encore Band for middle school musicians and The Charles County Youth Orchestra for advanced musicians. CCYO has students from Prince George's and St. Mary's counties as well as Charles County. Scholarships are available.



**MCAC to Open New Exhibit
by Moyaone Reserve Artist Daniel Wise**

Mattawoman Creek Art Center (MCAC) will open an exhibition of new work by **local artist Daniel Wise** on September 27. The opening reception is Sunday, September 29 from 1 to 4 pm. In addition, there are events planned throughout the duration of the exhibition that include a pastel class, demos, and plein air opportunities. Visit mattawomanart.org to learn more.

The Mattawoman Creek Art Center is located inside Smallwood State Park (5565 Upham Place, Marbury MD 20658).

To Our Neighbors,

We just want to wish you all the best as we leave country living to move south to NC. It has been a unique and enjoyable experience living in the Moyaone Reserve.

If you have any friends who are interested in moving into the community, please let them know that our house is for sale. They may call John Benya at 301-653-8113.

*Best Wishes,
Gary & Candy Gasparovic Allen*



**PINOT ON THE POTOMAC IS SEPTEMBER 21
AT THE ALICE FERGUSON FOUNDATION**

Get ready to *uncork* the fun because Pinot on the Potomac is just around the corner!

With only a few weeks left until this annual celebration, now is the perfect time to secure your tickets before they sell-out. Don't miss out on a fall afternoon filled with fine Maryland wines, live music, and great company complete with a breathtaking view of the Potomac River. Cheers to 70 years!



>>> **BUY TICKETS** <<<

**FALL POTOMAC CLEANUP AND OPEN HOUSE IS
OCTOBER 5**

Mark your calendars for our Fall Potomac River Cleanup & Open House on Saturday, October 5, 9–11 am in Piscataway National Park. You are also invited to visit our Open House at nearby Hard Bargain Farm from 11 am to 12 pm, where we'll have refreshments, snacks, and family-friendly educational activities!



This is your opportunity to meet hundreds of your like-minded neighbors who want a beautiful, clean Accokeek.

Please register here:

fergusonfoundation.org/event/fall-cleanup-and-open-house/

NOW HIRING ENVIRONMENTAL EDUCATORS

Do you love being in nature? Share your love of the outdoors with the youth of today! We're hiring part-time and full time environmental educators for the upcoming school year. [Learn more and apply here.](#)

MOYAONE CHALLENGE 2024

Accept the Moyaone Challenge and demonstrate your athletic abilities in your area of expertise. Sign up for the triathlon, swim contest, bike challenge, or the super sprint. Race day is **Saturday, September 7** and all races originate at the Moyaone Commons, 2311 Bryan Point Road.

Each race will have 3 categories: *Youth* – ages 10 to 18; *Adult* – ages 18 to 59; *Senior* – ages 60 and over.

TRIATHLON / TRI-TEAM RELAY

- The race will include a 250m (10 lengths of the pool) swim, 8km (5 miles) bike ride through Moyaone roads (bike helmet **STRICTLY REQUIRED**), and a 2km (1.2 miles) run.
- Participants may enter as individuals or as a relay team with each team member racing in one or more elements of the triathlon. Transition time from one element of the race to the next is included in the total race time.
- Race begins at 8 am at the Moyaone Pool.
- Entry fee: \$20

SWIM CHALLENGE

- 250m (10 lengths of the pool). All strokes are accepted including walking.
- Race begins after Triathlon Challenge has completed.
- Swim-only entry fee: \$10

BIKE CHALLENGE

- 8km (5 miles) over Moyaone roads. Bike helmet **STRICTLY REQUIRED** for participation.

- Race begins at approximately 8:45 am at Wagner Center.
- Bike-only entry fee: \$10

SUPER SPRINT CHALLENGE

- 2km foot race on Moyaone roads. (Again, walking is permitted too.)
- Race begins at approximately 8:50 am at Wagner Center.
- Run-only entry fee: \$10

REGISTRATION

To enter, complete the registration form below, sign the Participant Waiver on the reverse side, and submit it with your entry fee in the box at the Moyaone Pool – or use the QR code below to register and pay online.

All registration forms must be received by Tuesday, September 3, 2024.

The funds raised from this event will be used to make improvements to the Moyaone Commons.

If you have any questions, please contact Rhonda Scott (rhondabscott@gmail.com).

PICKLEBALL DEMONSTRATION

Immediately following the Challenge awards ceremony, ~10:30 AM, on the pickleball/basketball court (*no fee*).

MOYAONE CHALLENGE REGISTRATION FORM (or use the QR code to register and pay online)

Name of Event you are participating in (check one):

- Triathlon Triathlon Team Relay
 Swim Race Only Bike Race Only Super Sprint Only

Age Category:

- Young Adult (10–18) Adult (18–59) Senior (60 and up)

Name (or names for triathlon relay): _____

Address: _____

Email: _____

Phone Number: Mobile _____ Home _____

Emergency Contact _____ Phone Number _____

Assigned Bib # _____

Moyaone Association or Moyaone Pool Member: Yes No

Names of Sponsors (if any): _____

We encourage participants to get sponsors to help fund the entry cost.



Participant Waiver for Moyaone Challenge 2024

WAIVER/RELEASE, REQUIRED: I HEREBY ASSUME THE RISKS OF PARTICIPATING IN THE MOYAONE CHALLENGE.

1. I hereby represent that (i) I am in good health and in proper physical condition to participate in the Event; and (ii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event.

2. I understand and acknowledge the physical and mental rigors associated with triathlons, and realize that running, bicycling, swimming and other portions of such Events are inherently dangerous and represent an extreme test of a person's physical and mental limits. I understand that participation involves risks and dangers which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; accidents, contact or collision with other participants, spectators, vehicles or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course conditions; water, road and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined risks and dangers which may not be readily foreseeable or are presently unknown ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the acts, inaction or negligence of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in the Event.

3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event. I also accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.

4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: the Event Organizers, Race Directors, Local Organizing Committees, and Property Owners upon which the Event takes place, (Individually and Collectively, the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and

reasonable attorneys fees) of any kind or nature ("Liability") which may arise out of, result from, or relate to my participation in the Event, including claims for Liability caused in whole or in part by the negligence of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liability which any may be incurred as the result of such claim. I hereby warrant that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of the minor, my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement freely and voluntarily, without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Parental Consent

(required if the participant is less than 18 years of age)

As the Parent and/or Legal Guardian to the minor identified above, I hereby accept and agree to all of the terms and conditions of this Agreement on behalf of the minor in connection with the minor's participation in the Event(s). If, despite this Agreement, I, or anyone on the minor's behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred.

Participant Name (or names for relay, please print):

Participant(s) or Parent signature(s) if under 18:

Date _____